



Sussex Cyclists' Association

2012 Sussex SPOCO Competition

► History of SPOCO

The pioneering sporting courses points competition, known as SPOCO, was founded by Bill Norris in 1982 to encourage the use of courses where traffic was light and the terrain sporting. Standard distances were not necessary as the competition was decided on placings to give points, thus taking the emphasis away from fast times. And that's the beauty of SPOCO – racing on tough courses in bad weather is no longer pointless!

► Eligibility for the Sussex SPOCO Competition

The Sussex SPOCO competition is open to all first claim members of SCA affiliated clubs. There is no need to register for the competition as any qualifying ride by a member of a SCA affiliated club will automatically be recorded.

► How the Competition Works

The competition consists of a series of 25 sporting type events broken down into three categories – Short, Middle and Long distance. For each qualifying event ridden you will be awarded points based on your position in that event – 120 points for first place, down to 1 point for 120th place. **The competition is decided on your highest scores from six qualifying events which must include:**

1 x Group A – Short Distance

1 x Group B – Middle Distance

1 x Group C – Long Distance

And any other three events from any of the distances

- Any number of events can be ridden as your best placing(s) in each category will automatically count towards the competition.
- Times are of no consequence as it's your position on the day that counts.
- Starting at 120 points for the winner, and reducing by 1 point per position, means the fewer riders there are, the more points you are likely to get.

And new for 2012 we are introducing a handicap competition for those who qualified the previous year. It will simply be the difference between the maximum available score (720) less your actual score in the overall competition.

► Awards

The following awards will be presented at the Annual Prize Presentation Dinner

Overall	1st – SPOCO Trophy	2nd – Medal	3rd – Medal
Overall Team of Three	1st – Medal for each team member		
Veterans on Standard	1st – SPOCO Veteran Trophy	2nd – Medal	3rd – Medal
Vets on Std Team of Three	1st – Medal for each team member		
Woman	1st – Medal		
Junior	1st – Medal		
Handicap	1st – Medal		

► Competition Updates

Throughout the season competition updates are produced showing the current positions in the overall and veteran competitions. If you would like to receive e-mail updates direct, so you can keep track of where you are in relation to your usual rivals, please contact ann.human@btinternet.com. Alternatively refer to the SCA website: www.sussexca.org.uk throughout the season.



Sussex Cyclists' Association

2012 Sussex SPOCO Competition



► The Qualifying Events

Group A – Short Distance – under 15 miles

Date	Location	Distance	Course
Sat 04 Feb 2012	South Downs Bikes	18 km	GS/988
Sat 25 Feb 2012	...a3crg	10 m	P886
Sat 24 Mar 2012	Southern Counties CU	10 m	G10/46
Sat 07 Apr 2012	Brighton Mitre	10 m	G10/44
Sun 27 May 2012	Brighton Mitre – * See note	10 m	GS/995
Sat 06 Jun 2012	Redhill CC	14 m	GS/189
Sat 25 Aug 2012	Sussex CA	10 m	G10/45

Start	Entry	Promoter	Phone
14:00	£9.00	Martin Richardson	01903 745534
14:30	£8.00	David Collard-Berry	01428 651843
14:00	£8.00	Robin Johnson	01403 783368
15:00	£8.00	Robin Johnson	01403 783368
08:00	£8.00	Robin Johnson	01403 783368
09:00	£8.00	Geoff Clifton	01737 247211
14:30	£8.00	Robin Johnson	01403 783368

Group B – Middle Distance – over 15 and under 40 miles

Date	Location	Distance	Course
Sun 05 Feb 2012	South Downs Bikes	34 km	GS/989
Sat 25 Feb 2012	Central Sussex CC	17.48 m	GS/985
Sun 04 Mar 2012	Sussex CA	23 m	GS/194
Sun 11 Mar 2012	East Surrey RC	29.9 m	GS/491
Sun 18 Mar 2012	East Sussex CA	15.06 m	GS/895
Sun 25 Mar 2012	Southern Counties CU	25 m	G25/44
Mon 09 Apr 2012	Brighton Mitre	25 m	GS/999
Sun 06 May 2012	Sussex CA	25m	G25/93
Sun 01 Jul 2012	Lewes Wanderers	30 m	G30/88
Mon 27 Aug 2012	Sussex CA	25 m	G25/49
Sun 16 Sep 2012	East Sussex CA	25 m	G25/89
Sun 07 Oct 2012	...a3crg	38 km	P875
Sun 21 Oct 2012	Southdown Velo	27 m	P911

Start	Entry	Promoter	Phone
10:00	£9.00	Martin Richardson	01903 745534
14:00	£8.00	Geoff Ericson	01403 710550
08:30	£8.00	Steve Dennis	01293 522721
08:00	£8.00	Keith Wilkinson	01342 842792
10:00	£8.00	Peter Moon	01323 485180
09:00	£8.00	Robin Johnson	01403 783368
07:30	£8.00	Robin Johnson	01403 783368
07:00	£8.00	Mike Anton	01444 453618
07:30	£8.00	Rob Pelham	07971 919599
14:30	£8.00	Robin Johnson	01403 783368
07:30	£8.00	Richard Blackmore	01342 713272
08:00	£8.00	John Glaysher	01428 652692
08:00	£8.00	Tina McGuinness	01243 670323

Group C – Long Distance – over 40 miles

Date	Location	Distance	Course
Sun 03 Jun 2012	Crawley Wheelers	41.9 m	GS/196
Sun 10 Jun 2012	Sussex CA	50 m	G50/10
Sun 15 Jul 2012	East Sussex CA	50 m	G50/90
Sun 05 Aug 2012	Southern Counties CU	100 m	G100/60
Sun 19 Aug 2012	East Sussex CA	100 m	G100/86

Start	Entry	Promoter	Phone
06:30	£8.00	Stuart Nisbett	01444 474501
06:00	£8.00	Robin Johnson	01403 783368
06:00	£8.00	Simon Yates	01892 655785
06:00	£8.00	Rod Starmer	01883 713043
06:00	£10.00	Bob Harber	01903 879598

* Brighton Mitre event Sunday 27 May 2012

There is a combination of 7 events on this day – only the hilly event on course GS/995 is the SCA SPOCO qualifying event

► The Rules

- The SCA sporting courses points competition (Sussex SPOCO) is open to first claim members of clubs affiliated to the SCA only.
- The Sussex SPOCO shall be decided on each rider's best placing in the qualifying events.
- Points will be awarded in each qualifying ride – 120 points for 1st place down to 1 point for 120th place.
- Qualifying rides will be the best placing achieved in **six qualifying events which must include:**
One short distance event, one middle distance event, one long distance event and any other three from any of the distances
- Any number of qualifying events may be ridden
- Qualifying events shall be decided and published prior to the beginning of each racing season.
- An open event run by the Sussex Cyclists' Association (SCA), the East Sussex Cycling Association (ESCA), the Southern Counties Cycling Union (SCCU) or any club affiliated to the SCA or an open event that takes place wholly or partly in Sussex, shall be eligible for inclusion in the list of qualifying events.
- Qualifying events must be published in the CTT handbook.
- Separate awards are made for overall, veterans on standard, women, junior and handicap plus the best team of three from an affiliated club.
- The Veteran competition shall be open to all riders aged 40 years and over on the date of the event and shall be decided on their placing based on Plus against VTTA Standard Time. This rule shall not prevent a veteran from winning the competition on actual time.
- The decision of the SCA Executive Committee will be final in the event of any dispute.