



# Sussex Cyclists' Association

## 2011 Sussex SPOCO Competition – Update No. 4

With the emphasis on position rather than times, the Sussex SPOCO competition is designed to promote sporting events in our area. Times are of no consequence as it is your position on the day that counts, and those who support less popular events reap richest reward, as fewer riders means more points up for grabs.

The Sussex SPOCO competition is decided on your best six qualifying rides – which must include one short, one medium, one long distance and any other three rides from any of the distances – **so this season every qualifying event counts, whatever the distance.**

### Awards

The following awards will be presented at the Annual Prize Presentation

|                           |                                                                               |             |             |
|---------------------------|-------------------------------------------------------------------------------|-------------|-------------|
| Overall                   | 1st – SPOCO Trophy                                                            | 2nd – Medal | 3rd – Medal |
| Overall Team of Three     | 1st – Medal for each team member                                              |             |             |
| Veterans on Standard      | 1st – SPOCO Veteran Trophy                                                    | 2nd – Medal | 3rd – Medal |
| Vets on Std Team of Three | 1st – Medal for each team member                                              |             |             |
| Woman                     | 1st – Medal                                                                   |             |             |
| Junior                    | 1st – Medal                                                                   |             |             |
| Each Successful Qualifier | Signed Certificate for each rider completing the required 6 qualifying events |             |             |

### 2011 Lunch & Prize Presentation

The 2011 Lunch and Prize Presentation will be held at Dial Post Village Hall on Sunday 27 November 2011

Preceding the lunch, Steve Dennis will be leading a 40 mile tour of West Sussex. Please contact Steve on 01293 522721 if you require any further details about the ride. For the ride meet at Dial Post Village Hall at 9:30am

The lunch will be a sumptuous hot buffet served from 12:30pm. Although there isn't a bar at the venue, you are welcome to bring your own wine etc if you wish. Tickets are only £10 per head, available in advance from Robin Johnson, 7 Gorselands, Billingshurst, West Sussex RH14 9TT. Please contact Robin on 01403 783368 if you require any further details about the lunch. If you don't fancy the ride, arrive for the lunch from 12:00 noon

The prize presentation will immediately follow the lunch, so please come along to celebrate the achievements of the Sussex Cyclists during the year.

### Last Call to Qualify

We only have one event left in the competition – the **Southdown Velo** (AKA Goodwood hilly) on **Sunday 16 October 2011**. This is a must do event for the following riders who have yet to qualify:

Jeremy Wootton - Worthing Excelsior

Bryn Reeves - Horsham Cycling

Elaine Scott - Brighton Excelsior

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### Spotlight on Nick Dwyer

Perhaps not the biggest fan of the sporting course, Lewes Wanderers' Nick Dwyer, makes the most of his strengths in the longer distance events to take second place in the overall competition.

| Code      | Type          | Date                   | Club/Association       | Dist         | Course         | Points     |                             | Qual       |
|-----------|---------------|------------------------|------------------------|--------------|----------------|------------|-----------------------------|------------|
| <b>A6</b> | <b>Short</b>  | <b>Sat 27 Aug 2011</b> | <b>SCA</b>             | <b>10 m</b>  | <b>G10/45</b>  | <b>116</b> | <b>Best Short</b>           | <b>116</b> |
| B5        | Medium        | Sun 13 Mar 2011        | ESCA                   | 15.06 m      | GS/895         | 115        |                             |            |
| <b>B7</b> | <b>Medium</b> | <b>Sun 24 Apr 2011</b> | <b>Lewes Wanderers</b> | <b>30 m</b>  | <b>G30/88</b>  | <b>119</b> | <b>Best Medium</b>          | <b>119</b> |
| <b>B9</b> | <b>Medium</b> | <b>Sun 01 May 2011</b> | <b>SCA</b>             | <b>25m</b>   | <b>G25/93</b>  | <b>118</b> | <b>Best of the Rest</b>     | <b>118</b> |
| B12       | Medium        | Sun 11 Sep 2011        | ESCA                   | 25 m         | G25/89         | 117        |                             |            |
| <b>C2</b> | <b>Long</b>   | <b>Sun 29 May 2011</b> | <b>ESCA</b>            | <b>65 km</b> | <b>GS/865</b>  | <b>118</b> | <b>2nd Best of the Rest</b> | <b>118</b> |
| <b>C4</b> | <b>Long</b>   | <b>Sun 10 Jul 2011</b> | <b>ESCA</b>            | <b>50 m</b>  | <b>G50/89</b>  | <b>120</b> | <b>Best Long</b>            | <b>120</b> |
| C5        | Long          | Sun 24 Jul 2011        | SCCU                   | 100 m        | G100/60        | 116        |                             |            |
| <b>C6</b> | <b>Long</b>   | <b>Sun 21 Aug 2011</b> | <b>ESCA</b>            | <b>100 m</b> | <b>G100/86</b> | <b>118</b> | <b>3rd Best of the Rest</b> | <b>118</b> |
|           |               |                        |                        |              |                |            |                             | <b>709</b> |

### Overall Individual Competition as at 11 September 2011

After 24 events, with 1 to go, you can't keep a good man down, and as predicted Steve Dennis goes straight in at number one with an unassailable lead of 718 points. Next up is Nick Dwyer, flying the flag for Lewes, easing into second place with 709 points ahead of team mates Rob Pelham and Tom Glandfield who now share third place with 701 points apiece. Iain Borgden, somewhat plagued by the 'puncture gremlin' in the long distance events, may feel a little deflated at being only one point away from a medal, to lie fifth with 700 points.

| Rider          | Club               | Qualify | Best Short | Best Med | Best Long | Best of the rest |     |     | Total Points | Rank       |
|----------------|--------------------|---------|------------|----------|-----------|------------------|-----|-----|--------------|------------|
| Steve Dennis   | East Grinstead CC  | Yes     | 119        | 120      | 120       | 120              | 120 | 119 | <b>718</b>   | <b>1</b>   |
| Nick Dwyer     | Lewes Wanderers    | Yes     | 116        | 119      | 120       | 118              | 118 | 118 | <b>709</b>   | <b>2</b>   |
| Rob Pelham     | Lewes Wanderers    | Yes     | 111        | 114      | 119       | 119              | 119 | 119 | <b>701</b>   | <b>= 3</b> |
| Tom Glandfield | Lewes Wanderers    | Yes     | 116        | 117      | 118       | 117              | 117 | 116 | <b>701</b>   | <b>= 3</b> |
| Iain Brogden   | Eastbourne Rovers  | Yes     | 119        | 119      | 110       | 118              | 118 | 116 | <b>700</b>   | <b>5</b>   |
| David Shepherd | GS Stella          | Yes     | 114        | 118      | 113       | 116              | 115 | 113 | <b>689</b>   | <b>6</b>   |
| Keith Carter   | Horsham Cycling    | Yes     | 118        | 108      | 108       | 117              | 114 | 107 | <b>672</b>   | <b>7</b>   |
| Matt Coombs    | Lewes Wanderers    | Yes     | 110        | 111      | 118       | 116              | 108 | 107 | <b>670</b>   | <b>8</b>   |
| Geoff Smith    | Eastbourne Rovers  | Yes     | 112        | 111      | 109       | 112              | 111 | 110 | <b>665</b>   | <b>9</b>   |
| Peter Moon     | Eastbourne Rovers  | Yes     | 105        | 109      | 115       | 113              | 112 | 108 | <b>662</b>   | <b>10</b>  |
| Mel Robertson  | Worthing Excelsior | Yes     | 103        | 113      | 114       | 112              | 108 | 107 | <b>657</b>   | <b>11</b>  |
| Paul Thatcher  | Brighton Mitre     | Yes     | 111        | 110      | 109       | 111              | 107 | 106 | <b>654</b>   | <b>12</b>  |
| Oliver Tuckley | Lewes Wanderers    | Yes     | 108        | 107      | 112       | 105              | 104 | 103 | <b>639</b>   | <b>13</b>  |
| Peter Baker    | Lewes Wanderers    | Yes     | 103        | 106      | 111       | 108              | 104 | 94  | <b>626</b>   | <b>14</b>  |
| Michael Turner | Lewes Wanderers    | Yes     | 101        | 99       | 110       | 106              | 105 | 98  | <b>619</b>   | <b>15</b>  |
| Jon Fry        | Horsham Cycling    | Yes     | 109        | 107      | 87        | 107              | 104 | 98  | <b>612</b>   | <b>16</b>  |
| Alan Lloyd     | Lewes Wanderers    | Yes     | 92         | 98       | 107       | 102              | 100 | 100 | <b>599</b>   | <b>17</b>  |
| Stuart Payne   | Central Sussex CC  | Yes     | 105        | 102      | 89        | 102              | 98  | 94  | <b>590</b>   | <b>18</b>  |
| Robin Johnson  | Brighton Mitre     | Yes     | 108        | 100      | 81        | 102              | 98  | 93  | <b>582</b>   | <b>19</b>  |
| Ben Fielden    | GS Stella          | Yes     | 108        | 100      | 97        | 95               | 82  | 81  | <b>563</b>   | <b>20</b>  |
| Jeremy Wootton | Worthing Excelsior | No      | 116        | 113      | 110       | 112              | 111 | 0   | <b>562</b>   | <b>-</b>   |
| Bryn Reeves    | Horsham Cycling    | No      | 81         | 103      | 72        | 95               | 86  | 0   | <b>437</b>   | <b>-</b>   |
| Elaine Scott   | Brighton Excelsior | No      | 87         | 89       | 75        | 86               | 76  | 0   | <b>413</b>   | <b>-</b>   |

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### Overall Team Competition as at 11 September 2011

With three riders in the top five, it's a done deal for Lewes, the combined effort of Dwyer, Pelham and Glandfield put them way out ahead with 2111 points. No one can touch them now with Eastbourne Rovers' best endeavour totalling 2027 points for second place.

| Club              | Team of Three Riders                                        | Qualify | Total Points | Rank     |
|-------------------|-------------------------------------------------------------|---------|--------------|----------|
| Lewes Wanderers   | Nick Dwyer (709), Rob Pelham (701) & Tom Glandfield (701)   | Yes     | <b>2111</b>  | <b>1</b> |
| Eastbourne Rovers | Iain Brogden (700), Geoff Smith (665) & Peter Moon (662)    | Yes     | <b>2027</b>  | <b>2</b> |
| Lewes Wanderers   | Matt Coombs (670), Oliver Tuckley (639) & Peter Baker (626) | Yes     | <b>1935</b>  | <b>3</b> |
| Horsham Cycling   | Keith Carter (672), Jon Fry (612) & Bryn Reeves (437)       | No      | <b>1721</b>  | -        |

### 166 Riders fail to qualify for the overall competition

| Rider               | Club                        | Qualify | Best Short | Best Med | Best Long | Best of the rest |     |     | Total Points |
|---------------------|-----------------------------|---------|------------|----------|-----------|------------------|-----|-----|--------------|
| Peter Tadros        | In-Gear Quickvit Trainsharp | No      | 120        | 120      | 0         | 120              | 120 | 120 | <b>600</b>   |
| Will Mangar         | In-Gear Quickvit Trainsharp | No      | 117        | 120      | 0         | 118              | 118 | 117 | <b>590</b>   |
| Peter Morris        | Lewes Wanderers             | No      | 0          | 118      | 116       | 117              | 117 | 116 | <b>584</b>   |
| Tony Reeves         | GS Stella                   | No      | 0          | 113      | 112       | 111              | 110 | 109 | <b>555</b>   |
| Christian Yates     | East Grinstead CC           | No      | 112        | 120      | 0         | 108              | 108 | 104 | <b>552</b>   |
| Neil Midgley        | Lewes Wanderers             | No      | 0          | 103      | 114       | 103              | 102 | 98  | <b>520</b>   |
| James Ryan          | Lewes Wanderers             | No      | 0          | 110      | 102       | 106              | 98  | 95  | <b>511</b>   |
| Duncan Fuller       | Lewes Wanderers             | No      | 113        | 109      | 0         | 102              | 101 | 75  | <b>500</b>   |
| Andy Seltzer        | In-Gear Quickvit Trainsharp | No      | 0          | 105      | 88        | 104              | 99  | 88  | <b>484</b>   |
| David Reeves        | GS Stella                   | No      | 0          | 109      | 78        | 105              | 95  | 85  | <b>472</b>   |
| Conall Yates        | In-Gear Quickvit Trainsharp | No      | 0          | 120      | 0         | 119              | 116 | 115 | <b>470</b>   |
| Clive Jackson       | Central Sussex CC           | No      | 104        | 101      | 0         | 90               | 84  | 72  | <b>451</b>   |
| Kevin Doe           | Worthing Excelsior          | No      | 0          | 106      | 98        | 90               | 88  | 66  | <b>448</b>   |
| Chris Martin        | Lewes Wanderers             | No      | 0          | 97       | 100       | 93               | 84  | 71  | <b>445</b>   |
| Tristan Court       | Brighton Mitre              | No      | 115        | 114      | 0         | 107              | 103 | 0   | <b>439</b>   |
| Michael Valks       | Sussex Nomads               | No      | 0          | 110      | 111       | 106              | 103 | 0   | <b>430</b>   |
| Jason Le Goff       | In-Gear Quickvit Trainsharp | No      | 0          | 109      | 110       | 103              | 88  | 0   | <b>410</b>   |
| Chris Parker        | Hastings & St Leonards CC   | No      | 0          | 82       | 89        | 83               | 76  | 71  | <b>401</b>   |
| Andy Payne          | GS Stella                   | No      | 0          | 103      | 102       | 100              | 92  | 0   | <b>397</b>   |
| Stuart Jago         | Worthing Excelsior          | No      | 99         | 107      | 95        | 91               | 0   | 0   | <b>392</b>   |
| Ben Hardisty        | East Grinstead CC           | No      | 0          | 79       | 97        | 79               | 72  | 64  | <b>391</b>   |
| Simon Yates         | Lewes Wanderers             | No      | 0          | 80       | 74        | 77               | 68  | 65  | <b>364</b>   |
| Christopher Chapman | Hastings & St Leonards CC   | No      | 0          | 115      | 92        | 83               | 69  | 0   | <b>359</b>   |
| Natasha Fuller      | Lewes Wanderers             | No      | 109        | 88       | 79        | 83               | 0   | 0   | <b>359</b>   |
| Simon Grogan        | Hastings & St Leonards CC   | No      | 0          | 87       | 91        | 89               | 78  | 0   | <b>345</b>   |
| David Pollard       | In-Gear Quickvit Trainsharp | No      | 0          | 114      | 117       | 113              | 0   | 0   | <b>344</b>   |
| James Lowden        | Lewes Wanderers             | No      | 0          | 114      | 115       | 114              | 0   | 0   | <b>343</b>   |
| Richard Gifford     | In-Gear Quickvit Trainsharp | No      | 0          | 116      | 0         | 112              | 108 | 0   | <b>336</b>   |
| Paul Valks          | Sussex Nomads               | No      | 0          | 87       | 83        | 80               | 80  | 0   | <b>330</b>   |
| Mark Frost          | Lewes Wanderers             | No      | 115        | 109      | 0         | 102              | 0   | 0   | <b>326</b>   |
| John Mankelov       | Lewes Wanderers             | No      | 0          | 62       | 96        | 90               | 69  | 0   | <b>317</b>   |
| Trevor Chilman      | In-Gear Quickvit Trainsharp | No      | 0          | 110      | 0         | 108              | 97  | 0   | <b>315</b>   |

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|--------------------|-----------------------------|---------|------------|----------|-----------|------------------|----|----|--------------|
| Jay Chisnall       | Brighton Mitre              | No      | 110        | 108      | 0         | 94               | 0  | 0  | 312          |
| Nigel Langridge    | Crawley Wheelers            | No      | 0          | 107      | 104       | 101              | 0  | 0  | 312          |
| Chris Watson       | Hastings & St Leonards CC   | No      | 0          | 112      | 0         | 102              | 97 | 0  | 311          |
| Lee Holdaway       | Hastings & St Leonards CC   | No      | 0          | 96       | 106       | 101              | 0  | 0  | 303          |
| Mark Bernhardt     | Worthing Excelsior          | No      | 110        | 0        | 105       | 85               | 0  | 0  | 300          |
| Jonathan Molton    | Hastings & St Leonards CC   | No      | 0          | 97       | 104       | 95               | 0  | 0  | 296          |
| Simon Newell       | Hastings & St Leonards CC   | No      | 0          | 114      | 0         | 92               | 89 | 0  | 295          |
| Tim Holmes         | Worthing Excelsior          | No      | 106        | 94       | 0         | 94               | 0  | 0  | 294          |
| Mark Storie        | GS Stella                   | No      | 0          | 107      | 85        | 100              | 0  | 0  | 292          |
| Carl Richardson    | In-Gear Quickvit Trainsharp | No      | 0          | 105      | 0         | 94               | 90 | 0  | 289          |
| Sam Dix            | In-Gear Quickvit Trainsharp | No      | 93         | 100      | 0         | 95               | 0  | 0  | 288          |
| Malcolm Daly       | Hastings & St Leonards CC   | No      | 0          | 111      | 0         | 87               | 86 | 0  | 284          |
| Mike Marchant      | Southdown Velo              | No      | 95         | 91       | 96        | 0                | 0  | 0  | 282          |
| Ian Glen           | Lewes Wanderers             | No      | 0          | 98       | 0         | 95               | 88 | 0  | 281          |
| Paul Hanratty      | Lewes Wanderers             | No      | 0          | 86       | 0         | 71               | 68 | 56 | 281          |
| John Miller        | Lewes Wanderers             | No      | 0          | 102      | 0         | 91               | 85 | 0  | 278          |
| Andrew Stobbart    | Eastbourne Rovers           | No      | 0          | 93       | 96        | 84               | 0  | 0  | 273          |
| Adrian Hills       | Lewes Wanderers             | No      | 0          | 78       | 77        | 66               | 49 | 0  | 270          |
| Stephen Gaston     | Lewes Wanderers             | No      | 0          | 109      | 0         | 82               | 76 | 0  | 267          |
| Joan Lennon        | Worthing Excelsior          | No      | 90         | 88       | 79        | 0                | 0  | 0  | 257          |
| Tim Miles          | Hastings & St Leonards CC   | No      | 0          | 84       | 92        | 81               | 0  | 0  | 257          |
| Joseph Jenner      | Hastings & St Leonards CC   | No      | 0          | 108      | 0         | 77               | 67 | 0  | 252          |
| Stephen Strickland | Horsham Cycling             | No      | 73         | 98       | 0         | 79               | 0  | 0  | 250          |
| Alan Robinson      | Central Sussex CC           | No      | 0          | 105      | 0         | 76               | 64 | 0  | 245          |
| Harry Featherstone | Eastbourne Rovers           | No      | 0          | 107      | 80        | 53               | 0  | 0  | 240          |
| Chris Twine        | Worthing Excelsior          | No      | 0          | 115      | 0         | 105              | 0  | 0  | 220          |
| Paul Mellen        | Horsham Cycling             | No      | 111        | 108      | 0         | 0                | 0  | 0  | 219          |
| Mark Jones         | GS Stella                   | No      | 0          | 0        | 107       | 106              | 0  | 0  | 213          |
| David Earl         | Hastings & St Leonards CC   | No      | 0          | 113      | 0         | 96               | 0  | 0  | 209          |
| Robert Rollings    | Lewes Wanderers             | No      | 0          | 0        | 112       | 96               | 0  | 0  | 208          |
| John Glaysher      | ...a3crg                    | No      | 0          | 0        | 105       | 98               | 0  | 0  | 203          |
| Mike Anton         | East Grinstead CC           | No      | 0          | 96       | 107       | 0                | 0  | 0  | 203          |
| Tony Murphy        | Eastbourne Rovers           | No      | 0          | 0        | 103       | 99               | 0  | 0  | 202          |
| Dominic Lowden     | Lewes Wanderers             | No      | 0          | 106      | 0         | 93               | 0  | 0  | 199          |
| Richard Hemsley    | Crawley Wheelers            | No      | 102        | 97       | 0         | 0                | 0  | 0  | 199          |
| Mark Newnham       | Worthing Excelsior          | No      | 101        | 96       | 0         | 0                | 0  | 0  | 197          |
| Michael Thyer      | Sussex Nomads               | No      | 98         | 99       | 0         | 0                | 0  | 0  | 197          |
| Yuriy Tymchenko    | Sussex Nomads               | No      | 101        | 95       | 0         | 0                | 0  | 0  | 196          |
| Keith Jarrett      | Southdown Velo              | No      | 105        | 0        | 86        | 0                | 0  | 0  | 191          |
| Reade Harfield     | Crawley Wheelers            | No      | 105        | 0        | 0         | 85               | 0  | 0  | 190          |
| Tony Berlin        | Crawley Wheelers            | No      | 97         | 92       | 0         | 0                | 0  | 0  | 189          |
| Adam Ford          | Eastbourne Rovers           | No      | 0          | 85       | 101       | 0                | 0  | 0  | 186          |
| Thomas Baker       | Lewes Wanderers             | No      | 0          | 0        | 94        | 92               | 0  | 0  | 186          |
| Graham Jeffs       | Lewes Wanderers             | No      | 0          | 94       | 0         | 91               | 0  | 0  | 185          |
| John Powell        | Brighton Mitre              | No      | 95         | 89       | 0         | 0                | 0  | 0  | 184          |
| Hugh Procter       | Lewes Wanderers             | No      | 0          | 87       | 95        | 0                | 0  | 0  | 182          |
| Chris Hodge        | Brighton Excelsior          | No      | 0          | 101      | 0         | 79               | 0  | 0  | 180          |
| David Beale        | Lewes Wanderers             | No      | 0          | 89       | 0         | 88               | 0  | 0  | 177          |
| Kaye Dwyer         | Lewes Wanderers             | No      | 0          | 106      | 0         | 70               | 0  | 0  | 176          |
| Samuel Ramsey      | Lewes Wanderers             | No      | 0          | 70       | 101       | 0                | 0  | 0  | 171          |
| Graham Lade        | Eastbourne Rovers           | No      | 69         | 100      | 0         | 0                | 0  | 0  | 169          |
| John Gallswothy    | Lewes Wanderers             | No      | 0          | 102      | 0         | 67               | 0  | 0  | 169          |
| Liz Lumber         | Eastbourne Rovers           | No      | 0          | 78       | 90        | 0                | 0  | 0  | 168          |

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| Rider             | Club                        | Qualify | Best Short | Best Med | Best Long | Best of the rest |   |   | Total Points |
|-------------------|-----------------------------|---------|------------|----------|-----------|------------------|---|---|--------------|
| Nathan Gale       | Worthing Excelsior          | No      | 0          | 0        | 93        | 74               | 0 | 0 | 167          |
| Jay Miles         | Hastings & St Leonards CC   | No      | 0          | 85       | 0         | 81               | 0 | 0 | 166          |
| Ade Fadero        | Sussex Nomads               | No      | 0          | 89       | 0         | 76               | 0 | 0 | 165          |
| Josephine Perry   | In-Gear Quickvit Trainsharp | No      | 0          | 75       | 82        | 0                | 0 | 0 | 157          |
| Sue Fry           | Eastbourne Rovers           | No      | 0          | 79       | 0         | 72               | 0 | 0 | 151          |
| Tony Sinnett      | Lewes Wanderers             | No      | 0          | 57       | 89        | 0                | 0 | 0 | 146          |
| Charlie Middleton | Lewes Wanderers             | No      | 0          | 74       | 0         | 55               | 0 | 0 | 129          |
| Graeme Storzaker  | ...a3crg                    | No      | 119        | 0        | 0         | 0                | 0 | 0 | 119          |
| Matthew Woods     | Eastbourne Rovers           | No      | 0          | 119      | 0         | 0                | 0 | 0 | 119          |
| Ivan Johnson      | Hastings & St Leonards CC   | No      | 0          | 118      | 0         | 0                | 0 | 0 | 118          |
| Michael Coyle     | Brighton Mitre              | No      | 0          | 117      | 0         | 0                | 0 | 0 | 117          |
| Mark Winton       | Lewes Wanderers             | No      | 0          | 116      | 0         | 0                | 0 | 0 | 116          |
| Sean Yates        | In-Gear Quickvit Trainsharp | No      | 0          | 115      | 0         | 0                | 0 | 0 | 115          |
| Douglas Fox       | Crawley Wheelers            | No      | 0          | 0        | 114       | 0                | 0 | 0 | 114          |
| Warren Higgins    | Horsham Cycling             | No      | 113        | 0        | 0         | 0                | 0 | 0 | 113          |
| Shane Hills       | Eastbourne Rovers           | No      | 0          | 112      | 0         | 0                | 0 | 0 | 112          |
| George Higgs      | Crawley Wheelers            | No      | 0          | 111      | 0         | 0                | 0 | 0 | 111          |
| Stuart Davis      | Eastbourne Rovers           | No      | 0          | 0        | 111       | 0                | 0 | 0 | 111          |
| David Cox         | Eastbourne Rovers           | No      | 0          | 110      | 0         | 0                | 0 | 0 | 110          |
| Don Parker        | Brighton Mitre              | No      | 110        | 0        | 0         | 0                | 0 | 0 | 110          |
| John-Paul Brophy  | Hastings & St Leonards CC   | No      | 0          | 0        | 109       | 0                | 0 | 0 | 109          |
| Andrew Castle     | Horsham Cycling             | No      | 107        | 0        | 0         | 0                | 0 | 0 | 107          |
| Alan Symonds      | Eastbourne Rovers           | No      | 0          | 105      | 0         | 0                | 0 | 0 | 105          |
| Rupert Robinson   | Crawley Wheelers            | No      | 0          | 0        | 105       | 0                | 0 | 0 | 105          |
| Dennis Tapping    | Hampshire RC                | No      | 104        | 0        | 0         | 0                | 0 | 0 | 104          |
| Paul Byford       | Crawley Wheelers            | No      | 0          | 0        | 104       | 0                | 0 | 0 | 104          |
| Sholto Haggart    | Brighton Mitre              | No      | 0          | 104      | 0         | 0                | 0 | 0 | 104          |
| Mark Paton        | Lewes Wanderers             | No      | 0          | 103      | 0         | 0                | 0 | 0 | 103          |
| Kevin Bashford    | East Grinstead CC           | No      | 0          | 0        | 102       | 0                | 0 | 0 | 102          |
| Ross Weeden       | Eastbourne Rovers           | No      | 0          | 101      | 0         | 0                | 0 | 0 | 101          |
| Alan Macinnes     | East Grinstead CC           | No      | 0          | 100      | 0         | 0                | 0 | 0 | 100          |
| Stewart Forbes    | Horsham Cycling             | No      | 100        | 0        | 0         | 0                | 0 | 0 | 100          |
| Jane Lade         | Eastbourne Rovers           | No      | 0          | 99       | 0         | 0                | 0 | 0 | 99           |
| Simon Smythe      | VTTA (Surrey/Sussex)        | No      | 0          | 99       | 0         | 0                | 0 | 0 | 99           |
| Ian Hendry        | Hastings & St Leonards CC   | No      | 0          | 0        | 98        | 0                | 0 | 0 | 98           |
| Don Awcock        | Central Sussex CC           | No      | 0          | 97       | 0         | 0                | 0 | 0 | 97           |
| Chris Boocock     | Sussex Nomads               | No      | 96         | 0        | 0         | 0                | 0 | 0 | 96           |
| Mike Levett       | Lewes Wanderers             | No      | 0          | 0        | 96        | 0                | 0 | 0 | 96           |
| Ashley Baker      | Brighton Mitre              | No      | 0          | 95       | 0         | 0                | 0 | 0 | 95           |
| Bruce English     | Lewes Wanderers             | No      | 0          | 95       | 0         | 0                | 0 | 0 | 95           |
| Nigel Reynolds    | Worthing Excelsior          | No      | 0          | 0        | 94        | 0                | 0 | 0 | 94           |
| Carl Trevis       | Worthing Excelsior          | No      | 0          | 93       | 0         | 0                | 0 | 0 | 93           |
| Martin Booty      | Brighton Mitre              | No      | 0          | 93       | 0         | 0                | 0 | 0 | 93           |
| Drew Hosie        | ...a3crg                    | No      | 91         | 0        | 0         | 0                | 0 | 0 | 91           |
| Paul Morris       | Horsham Cycling             | No      | 0          | 91       | 0         | 0                | 0 | 0 | 91           |
| Richard Woodward  | East Grinstead CC           | No      | 0          | 90       | 0         | 0                | 0 | 0 | 90           |
| Clive Richardson  | Eastbourne Rovers           | No      | 0          | 0        | 87        | 0                | 0 | 0 | 87           |
| Emma Richards     | Eastbourne Rovers           | No      | 0          | 0        | 87        | 0                | 0 | 0 | 87           |
| Matthew Andrews   | Horsham Cycling             | No      | 87         | 0        | 0         | 0                | 0 | 0 | 87           |
| Chris Mcguire     | Hampshire RC                | No      | 0          | 0        | 86        | 0                | 0 | 0 | 86           |
| Dave Lashbrook    | Crawley Wheelers            | No      | 0          | 86       | 0         | 0                | 0 | 0 | 86           |
| Helen Millier     | Lewes Wanderers             | No      | 0          | 0        | 86        | 0                | 0 | 0 | 86           |
| Joe Pardo         | Lewes Wanderers             | No      | 0          | 86       | 0         | 0                | 0 | 0 | 86           |

## 2011 Sussex SPOCO Competition – Update No. 4

| Rider             | Club                        | Qualify | Best Short | Best Med | Best Long | Best of the rest |   |   | Total Points |
|-------------------|-----------------------------|---------|------------|----------|-----------|------------------|---|---|--------------|
| Paul Perry        | In-Gear Quickvit Trainsharp | No      | 0          | 86       | 0         | 0                | 0 | 0 | 86           |
| Phil Beecher      | Brighton Mitre              | No      | 0          | 86       | 0         | 0                | 0 | 0 | 86           |
| Paul Jefferies    | VC Etoile                   | No      | 0          | 85       | 0         | 0                | 0 | 0 | 85           |
| Adrian Marshall   | Hastings & St Leonards CC   | No      | 0          | 84       | 0         | 0                | 0 | 0 | 84           |
| Callum Middleton  | Lewes Wanderers             | No      | 0          | 83       | 0         | 0                | 0 | 0 | 83           |
| Gregory Blackwell | Hastings & St Leonards CC   | No      | 0          | 83       | 0         | 0                | 0 | 0 | 83           |
| Kevin James       | Crawley Wheelers            | No      | 0          | 82       | 0         | 0                | 0 | 0 | 82           |
| Ian Thompson      | East Grinstead CC           | No      | 0          | 81       | 0         | 0                | 0 | 0 | 81           |
| Adrian Hoyle      | Brighton Excelsior          | No      | 0          | 80       | 0         | 0                | 0 | 0 | 80           |
| Anthony Grey      | Sussex Nomads               | No      | 0          | 0        | 80        | 0                | 0 | 0 | 80           |
| Jamie Beale       | In-Gear Quickvit Trainsharp | No      | 0          | 79       | 0         | 0                | 0 | 0 | 79           |
| Paul Keineder     | Hastings & St Leonards CC   | No      | 0          | 79       | 0         | 0                | 0 | 0 | 79           |
| Helen Bullimore   | In-Gear Quickvit Trainsharp | No      | 0          | 78       | 0         | 0                | 0 | 0 | 78           |
| Peter Campany     | Hastings & St Leonards CC   | No      | 0          | 78       | 0         | 0                | 0 | 0 | 78           |
| Robin Dickinson   | Hastings & St Leonards CC   | No      | 0          | 77       | 0         | 0                | 0 | 0 | 77           |
| Martin Phillips   | Lewes Wanderers             | No      | 0          | 75       | 0         | 0                | 0 | 0 | 75           |
| James Brickell    | In-Gear Quickvit Trainsharp | No      | 0          | 73       | 0         | 0                | 0 | 0 | 73           |
| Simon Wadman      | Hastings & St Leonards CC   | No      | 0          | 73       | 0         | 0                | 0 | 0 | 73           |
| Susan Holdaway    | Hastings & St Leonards CC   | No      | 0          | 0        | 73        | 0                | 0 | 0 | 73           |
| Duncan Feathers   | Hastings & St Leonards CC   | No      | 0          | 70       | 0         | 0                | 0 | 0 | 70           |
| Stephen Curtis    | Hastings & St Leonards CC   | No      | 0          | 70       | 0         | 0                | 0 | 0 | 70           |
| Horry Hemsley     | Lewes Wanderers             | No      | 0          | 66       | 0         | 0                | 0 | 0 | 66           |
| Ian McLaren       | Lewes Wanderers             | No      | 0          | 65       | 0         | 0                | 0 | 0 | 65           |
| Tony King         | Hastings & St Leonards CC   | No      | 0          | 64       | 0         | 0                | 0 | 0 | 64           |
| Lance Woodman     | In-Gear Quickvit Trainsharp | No      | 0          | 63       | 0         | 0                | 0 | 0 | 63           |
| Tom Benjamin      | Lewes Wanderers             | No      | 0          | 60       | 0         | 0                | 0 | 0 | 60           |
| Tamar Vanderhaas  | Brighton Mitre              | No      | 0          | 58       | 0         | 0                | 0 | 0 | 58           |
| Steve Alden       | Crawley Wheelers            | No      | 0          | 54       | 0         | 0                | 0 | 0 | 54           |

### Veteran Individual Competition as at 11 September 2011

It was a cruel blow indeed that rendered Mel unable to compete in SCA hilly weekend, and to add insult to injury his absence inadvertently left a path for Ben Fielden to cruise through and draw level at the top with 717 points – whilst there's no doubting Ben's credentials as a 'super vet', I must admit I didn't see that coming! Meanwhile Geoff Smith sticks on 715 points in third place having blocked Steve Dennis in the SCA hilly 10, which makes Steve fourth in the table with 714 points. Dave Shepherd makes up the top 5 with 705 points.

| Veteran Rider  | Club               | Qualify | Best Short | Best Med | Best Long | Best of the rest |     |     | Total Points | Rank |
|----------------|--------------------|---------|------------|----------|-----------|------------------|-----|-----|--------------|------|
| Ben Fielden    | GS Stella          | Yes     | 120        | 119      | 120       | 120              | 119 | 119 | 717          | = 1  |
| Mel Robertson  | Worthing Excelsior | Yes     | 117        | 120      | 120       | 120              | 120 | 120 | 717          | = 1  |
| Geoff Smith    | Eastbourne Rovers  | Yes     | 120        | 120      | 117       | 120              | 119 | 119 | 715          | 3    |
| Steve Dennis   | East Grinstead CC  | Yes     | 118        | 119      | 120       | 119              | 119 | 119 | 714          | 4    |
| David Shepherd | GS Stella          | Yes     | 119        | 119      | 116       | 118              | 117 | 116 | 705          | 5    |
| Nick Dwyer     | Lewes Wanderers    | Yes     | 115        | 118      | 118       | 118              | 118 | 116 | 703          | 6    |
| Oliver Tuckley | Lewes Wanderers    | Yes     | 118        | 116      | 116       | 115              | 113 | 112 | 690          | 7    |
| Alan Lloyd     | Lewes Wanderers    | Yes     | 108        | 112      | 119       | 118              | 116 | 114 | 687          | 8    |
| Iain Brogden   | Eastbourne Rovers  | Yes     | 119        | 117      | 104       | 115              | 114 | 113 | 682          | = 9  |

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| Veteran Rider  | Club               | Qualify | Best Short | Best Med | Best Long | Best of the rest |     |     | Total Points | Rank |
|----------------|--------------------|---------|------------|----------|-----------|------------------|-----|-----|--------------|------|
| Peter Moon     | Eastbourne Rovers  | Yes     | 112        | 115      | 115       | 115              | 114 | 111 | <b>682</b>   | = 9  |
| Peter Baker    | Lewes Wanderers    | Yes     | 111        | 114      | 114       | 113              | 111 | 110 | <b>673</b>   | 11   |
| Paul Thatcher  | Brighton Mitre     | Yes     | 115        | 111      | 110       | 113              | 111 | 109 | <b>669</b>   | 12   |
| Robin Johnson  | Brighton Mitre     | Yes     | 114        | 108      | 100       | 108              | 107 | 107 | <b>644</b>   | 13   |
| Matt Coombs    | Lewes Wanderers    | Yes     | 102        | 104      | 106       | 105              | 100 | 96  | <b>613</b>   | = 14 |
| Stuart Payne   | Central Sussex CC  | Yes     | 105        | 106      | 96        | 105              | 102 | 99  | <b>613</b>   | = 14 |
| Michael Turner | Lewes Wanderers    | Yes     | 97         | 101      | 103       | 102              | 101 | 99  | <b>603</b>   | 16   |
| Jon Fry        | Horsham Cycling    | Yes     | 108        | 104      | 84        | 104              | 104 | 97  | <b>601</b>   | 17   |
| Jeremy Wootton | Worthing Excelsior | No      | 117        | 116      | 114       | 113              | 112 | 0   | <b>572</b>   | -    |
| Elaine Scott   | Brighton Excelsior | No      | 105        | 104      | 97        | 98               | 91  | 0   | <b>495</b>   | -    |
| Bryn Reeves    | Horsham Cycling    | No      | 90         | 105      | 82        | 102              | 100 | 0   | <b>479</b>   | -    |

### Veteran Team Competition as at 11 September 2011

It's always a keenly fought battle in the vets' individual competition and this year it includes the team award too, being as tight as it gets with only one point separating first and second place. Nick Dwyer guides fellow Wanderers Oliver Tuckley and Alan Lloyd to the top with 2080 points, while Eastbourne Rovers are a whisker behind on 2079 points from Geoff Smith, Iain Brogden and Peter Moon.

| Club              | Team of Three Veteran Riders                                | Qualify | Total Points | Rank |
|-------------------|-------------------------------------------------------------|---------|--------------|------|
| Lewes Wanderers   | Nick Dwyer (703), Oliver Tuckley (690) & Alan Lloyd (687)   | Yes     | <b>2080</b>  | 1    |
| Eastbourne Rovers | Geoff Smith (715), Iain Brogden (682) & Peter Moon (682)    | Yes     | <b>2079</b>  | 2    |
| Lewes Wanderers   | Peter Baker (673), Matt Coombs (613) & Michael Turner (603) | Yes     | <b>1889</b>  | 3    |

### 122 Riders fail to qualify for the veteran competition

| Rider               | Club                        | Qualify | Best Short | Best Med | Best Long | Best of the rest |     |     | Total Points |
|---------------------|-----------------------------|---------|------------|----------|-----------|------------------|-----|-----|--------------|
| Peter Tadros        | In-Gear Quickvit Trainsharp | No      | 118        | 120      | 0         | 118              | 116 | 111 | <b>583</b>   |
| Christian Yates     | East Grinstead CC           | No      | 115        | 119      | 0         | 112              | 111 | 109 | <b>566</b>   |
| Kevin Doe           | Worthing Excelsior          | No      | 0          | 115      | 106       | 104              | 103 | 85  | <b>513</b>   |
| Andy Seltzer        | In-Gear Quickvit Trainsharp | No      | 0          | 108      | 94        | 104              | 103 | 101 | <b>510</b>   |
| Chris Martin        | Lewes Wanderers             | No      | 0          | 104      | 106       | 102              | 100 | 97  | <b>509</b>   |
| Clive Jackson       | Central Sussex CC           | No      | 111        | 108      | 0         | 101              | 96  | 93  | <b>509</b>   |
| Ben Hardisty        | East Grinstead CC           | No      | 0          | 92       | 102       | 95               | 86  | 84  | <b>459</b>   |
| Chris Parker        | Hastings & St Leonards CC   | No      | 0          | 99       | 94        | 89               | 89  | 83  | <b>454</b>   |
| Paul Valks          | Sussex Nomads               | No      | 0          | 113      | 114       | 108              | 105 | 0   | <b>440</b>   |
| Stuart Jago         | Worthing Excelsior          | No      | 111        | 116      | 104       | 108              | 0   | 0   | <b>439</b>   |
| Simon Yates         | Lewes Wanderers             | No      | 0          | 95       | 88        | 92               | 84  | 76  | <b>435</b>   |
| John Mankelow       | Lewes Wanderers             | No      | 0          | 104      | 111       | 109              | 106 | 0   | <b>430</b>   |
| Andy Payne          | GS Stella                   | No      | 0          | 110      | 101       | 106              | 99  | 0   | <b>416</b>   |
| Tristan Court       | Brighton Mitre              | No      | 109        | 109      | 0         | 98               | 98  | 0   | <b>414</b>   |
| Michael Valks       | Sussex Nomads               | No      | 0          | 105      | 98        | 103              | 102 | 0   | <b>408</b>   |
| Christopher Chapman | Hastings & St Leonards CC   | No      | 0          | 113      | 95        | 96               | 77  | 0   | <b>381</b>   |
| Simon Grogan        | Hastings & St Leonards CC   | No      | 0          | 95       | 100       | 96               | 90  | 0   | <b>381</b>   |

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| Rider              | Club                        | Qualify | Best Short | Best Med | Best Long | Best of the rest |     |    | Total Points |
|--------------------|-----------------------------|---------|------------|----------|-----------|------------------|-----|----|--------------|
| David Pollard      | In-Gear Quickvit Trainsharp | No      | 0          | 120      | 120       | 117              | 0   | 0  | 357          |
| Harry Featherstone | Eastbourne Rovers           | No      | 0          | 120      | 119       | 118              | 0   | 0  | 357          |
| Alan Robinson      | Central Sussex CC           | No      | 0          | 119      | 0         | 115              | 106 | 0  | 340          |
| Richard Gifford    | In-Gear Quickvit Trainsharp | No      | 0          | 118      | 0         | 112              | 110 | 0  | 340          |
| Lee Holdaway       | Hastings & St Leonards CC   | No      | 0          | 113      | 112       | 110              | 0   | 0  | 335          |
| Mike Marchant      | Southdown Velo              | No      | 111        | 114      | 110       | 0                | 0   | 0  | 335          |
| Paul Hanratty      | Lewes Wanderers             | No      | 0          | 93       | 0         | 82               | 79  | 78 | 332          |
| Jay Chisnall       | Brighton Mitre              | No      | 112        | 112      | 0         | 103              | 0   | 0  | 327          |
| Adrian Hills       | Lewes Wanderers             | No      | 0          | 93       | 87        | 75               | 70  | 0  | 325          |
| Mark Frost         | Lewes Wanderers             | No      | 116        | 110      | 0         | 97               | 0   | 0  | 323          |
| Tim Miles          | Hastings & St Leonards CC   | No      | 0          | 106      | 108       | 107              | 0   | 0  | 321          |
| Nigel Langridge    | Crawley Wheelers            | No      | 0          | 110      | 105       | 105              | 0   | 0  | 320          |
| Trevor Chilman     | In-Gear Quickvit Trainsharp | No      | 0          | 107      | 0         | 105              | 103 | 0  | 315          |
| Mark Bernhardt     | Worthing Excelsior          | No      | 114        | 0        | 110       | 89               | 0   | 0  | 313          |
| Carl Richardson    | In-Gear Quickvit Trainsharp | No      | 0          | 108      | 0         | 107              | 92  | 0  | 307          |
| Joan Lennon        | Worthing Excelsior          | No      | 106        | 106      | 92        | 0                | 0   | 0  | 304          |
| Simon Newell       | Hastings & St Leonards CC   | No      | 0          | 115      | 0         | 96               | 90  | 0  | 301          |
| Tim Holmes         | Worthing Excelsior          | No      | 106        | 96       | 0         | 99               | 0   | 0  | 301          |
| Malcolm Daly       | Hastings & St Leonards CC   | No      | 0          | 111      | 0         | 99               | 89  | 0  | 299          |
| Ian Glen           | Lewes Wanderers             | No      | 0          | 103      | 0         | 98               | 96  | 0  | 297          |
| John Miller        | Lewes Wanderers             | No      | 0          | 104      | 0         | 100              | 90  | 0  | 294          |
| Andrew Stobbart    | Eastbourne Rovers           | No      | 0          | 98       | 101       | 94               | 0   | 0  | 293          |
| Jonathan Molton    | Hastings & St Leonards CC   | No      | 0          | 93       | 98        | 95               | 0   | 0  | 286          |
| Stephen Gaston     | Lewes Wanderers             | No      | 0          | 109      | 0         | 86               | 85  | 0  | 280          |
| Stephen Strickland | Horsham Cycling             | No      | 82         | 102      | 0         | 92               | 0   | 0  | 276          |
| Michael Thyer      | Sussex Nomads               | No      | 115        | 116      | 0         | 0                | 0   | 0  | 231          |
| Paul Mellen        | Horsham Cycling             | No      | 116        | 114      | 0         | 0                | 0   | 0  | 230          |
| Graham Jeffs       | Lewes Wanderers             | No      | 0          | 113      | 0         | 113              | 0   | 0  | 226          |
| Mark Jones         | GS Stella                   | No      | 0          | 0        | 113       | 111              | 0   | 0  | 224          |
| David Beale        | Lewes Wanderers             | No      | 0          | 111      | 0         | 111              | 0   | 0  | 222          |
| Dominic Lowden     | Lewes Wanderers             | No      | 0          | 110      | 0         | 109              | 0   | 0  | 219          |
| Yuriy Tymchenko    | Sussex Nomads               | No      | 109        | 107      | 0         | 0                | 0   | 0  | 216          |
| Reade Harfield     | Crawley Wheelers            | No      | 113        | 0        | 0         | 99               | 0   | 0  | 212          |
| Hugh Procter       | Lewes Wanderers             | No      | 0          | 101      | 108       | 0                | 0   | 0  | 209          |
| Keith Jarrett      | Southdown Velo              | No      | 112        | 0        | 92        | 0                | 0   | 0  | 204          |
| John Gallswothy    | Lewes Wanderers             | No      | 0          | 112      | 0         | 91               | 0   | 0  | 203          |
| David Earl         | Hastings & St Leonards CC   | No      | 0          | 110      | 0         | 92               | 0   | 0  | 202          |
| Mike Anton         | East Grinstead CC           | No      | 0          | 96       | 105       | 0                | 0   | 0  | 201          |
| Tony Murphy        | Eastbourne Rovers           | No      | 0          | 0        | 101       | 100              | 0   | 0  | 201          |
| Kaye Dwyer         | Lewes Wanderers             | No      | 0          | 108      | 0         | 88               | 0   | 0  | 196          |
| Graham Lade        | Eastbourne Rovers           | No      | 84         | 107      | 0         | 0                | 0   | 0  | 191          |
| Ade Fadero         | Sussex Nomads               | No      | 0          | 98       | 0         | 91               | 0   | 0  | 189          |
| Samuel Ramsey      | Lewes Wanderers             | No      | 0          | 85       | 100       | 0                | 0   | 0  | 185          |
| Adam Ford          | Eastbourne Rovers           | No      | 0          | 85       | 98        | 0                | 0   | 0  | 183          |
| Liz Lumber         | Eastbourne Rovers           | No      | 0          | 88       | 95        | 0                | 0   | 0  | 183          |
| Sam Dix            | In-Gear Quickvit Trainsharp | No      | 89         | 94       | 0         | 0                | 0   | 0  | 183          |
| Charlie Middleton  | Lewes Wanderers             | No      | 0          | 87       | 0         | 76               | 0   | 0  | 163          |
| Douglas Fox        | Crawley Wheelers            | No      | 0          | 0        | 120       | 0                | 0   | 0  | 120          |
| David Cox          | Eastbourne Rovers           | No      | 0          | 118      | 0         | 0                | 0   | 0  | 118          |
| Michael Coyle      | Brighton Mitre              | No      | 0          | 118      | 0         | 0                | 0   | 0  | 118          |
| Don Parker         | Brighton Mitre              | No      | 117        | 0        | 0         | 0                | 0   | 0  | 117          |
| Ivan Johnson       | Hastings & St Leonards CC   | No      | 0          | 117      | 0         | 0                | 0   | 0  | 117          |
| Warren Higgins     | Horsham Cycling             | No      | 117        | 0        | 0         | 0                | 0   | 0  | 117          |

## 2011 Sussex SPOCO Competition – Update No. 4

| Rider             | Club                        | Qualify | Best Short | Best Med | Best Long | Best of the rest |   |   | Total Points |
|-------------------|-----------------------------|---------|------------|----------|-----------|------------------|---|---|--------------|
|                   |                             |         |            |          |           |                  |   |   |              |
| Graeme Stirzaker  | ...a3crg                    | No      | 116        | 0        | 0         | 0                | 0 | 0 | 116          |
| Matthew Woods     | Eastbourne Rovers           | No      | 0          | 116      | 0         | 0                | 0 | 0 | 116          |
| Sean Yates        | In-Gear Quickvit Trainsharp | No      | 0          | 116      | 0         | 0                | 0 | 0 | 116          |
| Alan Symonds      | Eastbourne Rovers           | No      | 0          | 114      | 0         | 0                | 0 | 0 | 114          |
| Dennis Tapping    | Hampshire RC                | No      | 114        | 0        | 0         | 0                | 0 | 0 | 114          |
| George Higgs      | Crawley Wheelers            | No      | 0          | 114      | 0         | 0                | 0 | 0 | 114          |
| Andrew Castle     | Horsham Cycling             | No      | 111        | 0        | 0         | 0                | 0 | 0 | 111          |
| Mike Levett       | Lewes Wanderers             | No      | 0          | 0        | 108       | 0                | 0 | 0 | 108          |
| Chris Boocock     | Sussex Nomads               | No      | 107        | 0        | 0         | 0                | 0 | 0 | 107          |
| Gregory Blackwell | Hastings & St Leonards CC   | No      | 0          | 107      | 0         | 0                | 0 | 0 | 107          |
| Kevin Bashford    | East Grinstead CC           | No      | 0          | 0        | 107       | 0                | 0 | 0 | 107          |
| Martin Booty      | Brighton Mitre              | No      | 0          | 107      | 0         | 0                | 0 | 0 | 107          |
| Jane Lade         | Eastbourne Rovers           | No      | 0          | 106      | 0         | 0                | 0 | 0 | 106          |
| Paul Jefferies    | VC Etoile                   | No      | 0          | 106      | 0         | 0                | 0 | 0 | 106          |
| Stewart Forbes    | Horsham Cycling             | No      | 106        | 0        | 0         | 0                | 0 | 0 | 106          |
| Mark Paton        | Lewes Wanderers             | No      | 0          | 105      | 0         | 0                | 0 | 0 | 105          |
| Peter Campany     | Hastings & St Leonards CC   | No      | 0          | 104      | 0         | 0                | 0 | 0 | 104          |
| Ross Weeden       | Eastbourne Rovers           | No      | 0          | 104      | 0         | 0                | 0 | 0 | 104          |
| Stuart Davis      | Eastbourne Rovers           | No      | 0          | 0        | 104       | 0                | 0 | 0 | 104          |
| Don Awcock        | Central Sussex CC           | No      | 0          | 103      | 0         | 0                | 0 | 0 | 103          |
| Paul Byford       | Crawley Wheelers            | No      | 0          | 0        | 103       | 0                | 0 | 0 | 103          |
| Tony Reeves       | GS Stella                   | No      | 0          | 103      | 0         | 0                | 0 | 0 | 103          |
| Richard Woodward  | East Grinstead CC           | No      | 0          | 101      | 0         | 0                | 0 | 0 | 101          |
| Simon Smythe      | VTTA (Surrey/Sussex)        | No      | 0          | 101      | 0         | 0                | 0 | 0 | 101          |
| Helen Millier     | Lewes Wanderers             | No      | 0          | 0        | 99        | 0                | 0 | 0 | 99           |
| Clive Richardson  | Eastbourne Rovers           | No      | 0          | 0        | 97        | 0                | 0 | 0 | 97           |
| Ian Hendry        | Hastings & St Leonards CC   | No      | 0          | 0        | 97        | 0                | 0 | 0 | 97           |
| Ashley Baker      | Brighton Mitre              | No      | 0          | 96       | 0         | 0                | 0 | 0 | 96           |
| Ian Thompson      | East Grinstead CC           | No      | 0          | 95       | 0         | 0                | 0 | 0 | 95           |
| Nigel Reynolds    | Worthing Excelsior          | No      | 0          | 0        | 95        | 0                | 0 | 0 | 95           |
| Paul Morris       | Horsham Cycling             | No      | 0          | 95       | 0         | 0                | 0 | 0 | 95           |
| Adrian Hoyle      | Brighton Excelsior          | No      | 0          | 94       | 0         | 0                | 0 | 0 | 94           |
| Bruce English     | Lewes Wanderers             | No      | 0          | 94       | 0         | 0                | 0 | 0 | 94           |
| Phil Beecher      | Brighton Mitre              | No      | 0          | 94       | 0         | 0                | 0 | 0 | 94           |
| Chris Watson      | Hastings & St Leonards CC   | No      | 0          | 93       | 0         | 0                | 0 | 0 | 93           |
| Drew Hosie        | ...a3crg                    | No      | 93         | 0        | 0         | 0                | 0 | 0 | 93           |
| Chris Mcguire     | Hampshire RC                | No      | 0          | 0        | 91        | 0                | 0 | 0 | 91           |
| Joe Pardo         | Lewes Wanderers             | No      | 0          | 91       | 0         | 0                | 0 | 0 | 91           |
| Adrian Marshall   | Hastings & St Leonards CC   | No      | 0          | 90       | 0         | 0                | 0 | 0 | 90           |
| Horry Hemsley     | Lewes Wanderers             | No      | 0          | 89       | 0         | 0                | 0 | 0 | 89           |
| Jamie Beale       | In-Gear Quickvit Trainsharp | No      | 0          | 86       | 0         | 0                | 0 | 0 | 86           |
| Susan Holdaway    | Hastings & St Leonards CC   | No      | 0          | 0        | 86        | 0                | 0 | 0 | 86           |
| Lance Woodman     | In-Gear Quickvit Trainsharp | No      | 0          | 84       | 0         | 0                | 0 | 0 | 84           |
| Anthony Grey      | Sussex Nomads               | No      | 0          | 0        | 83        | 0                | 0 | 0 | 83           |
| Simon Wadman      | Hastings & St Leonards CC   | No      | 0          | 83       | 0         | 0                | 0 | 0 | 83           |
| Duncan Feathers   | Hastings & St Leonards CC   | No      | 0          | 81       | 0         | 0                | 0 | 0 | 81           |
| Paul Keineder     | Hastings & St Leonards CC   | No      | 0          | 80       | 0         | 0                | 0 | 0 | 80           |
| Martin Phillips   | Lewes Wanderers             | No      | 0          | 78       | 0         | 0                | 0 | 0 | 78           |
| Stephen Curtis    | Hastings & St Leonards CC   | No      | 0          | 77       | 0         | 0                | 0 | 0 | 77           |
| Steve Alden       | Crawley Wheelers            | No      | 0          | 74       | 0         | 0                | 0 | 0 | 74           |
| Tony King         | Hastings & St Leonards CC   | No      | 0          | 74       | 0         | 0                | 0 | 0 | 74           |
| Tom Benjamin      | Lewes Wanderers             | No      | 0          | 72       | 0         | 0                | 0 | 0 | 72           |

## 2011 Sussex SPOCO Competition – Update No. 4

### Events completed

| Code | Type   | Date            | Club/Association            | Dist    | Course  | Finishers |
|------|--------|-----------------|-----------------------------|---------|---------|-----------|
| A1   | Short  | Sat 05 Feb 2011 | South Downs Bikes/GS Stella | 18 km   | GS/988  | 34        |
| B1   | Middle | Sun 06 Feb 2011 | South Downs Bikes/GS Stella | 34 km   | GS/989  | 35        |
| B2   | Middle | Sat 19 Feb 2011 | Central Sussex CC           | 17.48 m | GS/985  | 24        |
| B3   | Middle | Sun 27 Feb 2011 | Sussex CA                   | 23 m    | GS/194  | 45        |
| B4   | Middle | Sun 06 Mar 2011 | East Surrey RC              | 29.9 m  | GS/491  | 75        |
| B5   | Middle | Sun 13 Mar 2011 | East Sussex CA              | 15.06 m | GS/895  | 57        |
| A2   | Short  | Sat 19 Mar 2011 | Southern Counties CU        | 10 m    | G10/46  | 55        |
| B6   | Middle | Sun 20 Mar 2011 | Southern Counties CU        | 25 m    | G25/44  | 37        |
| A3   | Short  | Sat 23 Apr 2011 | Brighton Mitre              | 10 m    | G10/44  | 21        |
| B7   | Middle | Sun 24 Apr 2011 | Lewes Wanderers             | 30 m    | G30/88  | 46        |
| B8   | Middle | Mon 25 Apr 2011 | Brighton Mitre              | 25 m    | GS/999  | 36        |
| B9   | Middle | Sun 01 May 2011 | Sussex CA                   | 25m     | G25/93  | 73        |
| C1   | Long   | Sun 22 May 2011 | Crawley Wheelers            | 41.9 m  | GS/196  | 51        |
| B10  | Middle | Sun 29 May 2011 | East Sussex CA              | 34.6 km | GS/866  | 22        |
| C2   | Long   | Sun 29 May 2011 | East Sussex CA              | 65 km   | GS/865  | 34        |
| A4   | Short  | Mon 30 May 2011 | Brighton Mitre              | 10 m    | GS/995  | 13        |
| C3   | Long   | Sun 05 Jun 2011 | Sussex CA                   | 50 m    | G50/10  | 42        |
| A5   | Short  | Sat 11 Jun 2011 | Redhill CC                  | 14 m    | GS/189  | 24        |
| C4   | Long   | Sun 10 Jul 2011 | East Sussex CA              | 50 m    | G50/89  | 48        |
| C5   | Long   | Sun 24 Jul 2011 | Southern Counties CU        | 100 m   | G100/60 | 67        |
| C6   | Long   | Sun 21 Aug 2011 | East Sussex CA              | 100 m   | G100/86 | 38        |
| A6   | Short  | Sat 27 Aug 2011 | Sussex CA                   | 10 m    | G10/45  | 45        |
| B11  | Middle | Mon 29 Aug 2011 | Sussex CA                   | 25 m    | G25/49  | 32        |
| B12  | Middle | Sun 11 Sep 2011 | East Sussex CA              | 25 m    | G25/89  | 55        |

### Remaining event

| Code | Type   | Date            | Club/Association | Dist | Course | Finishers in 2010 |
|------|--------|-----------------|------------------|------|--------|-------------------|
| B13  | Middle | Sun 16 Oct 2011 | Southdown Velo   | 27 m | P911   | 35                |

### How the Competition Works

The competition consists of a series of 25 sporting type events broken down into three categories – Short, Middle and Long distance. For each qualifying event ridden you will be awarded points based on your position in that event – 120 points for first place, down to 1 point for 120th place. **The competition is decided on your highest scores from six qualifying events which must include:**

1 x Group A – Short Distance

1 x Group B – Middle Distance

1 x Group C – Long Distance

**And any other three events from any of the distances**

- Any number of events can be ridden as your best placing(s) in each category will automatically count towards the competition.
- Times are of no consequence as it's your position on the day that counts.
- Starting at 120 points for the winner, and reducing by 1 point per position, means the fewer riders there are, the more points you are likely to get.

## 2011 Sussex SPOCO Competition – Update No. 4

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### 2011 Qualifying Events

#### Group A – Short Distance – under 15 miles

|                 |                             |       |        | <b>Start</b> | <b>Entry</b> | <b>Promoter</b> | <b>Phone</b> |
|-----------------|-----------------------------|-------|--------|--------------|--------------|-----------------|--------------|
| Sat 05 Feb 2011 | South Downs Bikes/GS Stella | 18 km | GS/988 | 14:00        | £8.00        | Reade Harfield  | 01903 771290 |
| Sat 19 Mar 2011 | Southern Counties CU        | 10 m  | G10/46 | 14:00        | £8.00        | Robin Johnson   | 01403 783368 |
| Sat 23 Apr 2011 | Brighton Mitre              | 10 m  | G10/44 | 15:00        | £8.00        | Robin Johnson   | 01403 783368 |
| Mon 30 May 2011 | Brighton Mitre – * See note | 10 m  | GS/995 | 08:00        | £8.00        | Robin Johnson   | 01403 783368 |
| Sat 11 Jun 2011 | Redhill CC                  | 14 m  | GS/189 | 09:00        | £8.00        | Geoff Clifton   | 01737 247211 |
| Sat 27 Aug 2011 | Sussex CA                   | 10 m  | G10/45 | 14:30        | £8.00        | Robin Johnson   | 01403 783368 |

#### Group B – Middle Distance – over 15 and under 40 miles

|                 |                             |         |        | <b>Start</b> | <b>Entry</b> | <b>Promoter</b>   | <b>Phone</b> |
|-----------------|-----------------------------|---------|--------|--------------|--------------|-------------------|--------------|
| Sun 06 Feb 2011 | South Downs Bikes/GS Stella | 34 km   | GS/989 | 10:00        | £8.00        | Reade Harfield    | 01903 771290 |
| Sat 19 Feb 2011 | Central Sussex CC           | 17.48 m | GS/985 | 14:00        | £7.50        | Geoff Ericson     | 01403 710550 |
| Sun 27 Feb 2011 | Sussex CA                   | 23 m    | GS/194 | 08:30        | £8.00        | Steve Dennis      | 01293 522721 |
| Sun 06 Mar 2011 | East Surrey RC              | 29.9 m  | GS/491 | 08:00        | £8.00        | Keith Wilkinson   | 01342 842792 |
| Sun 13 Mar 2011 | East Sussex CA              | 15.06 m | GS/895 | 10:00        | £8.00        | Peter Moon        | 01323 485180 |
| Sun 20 Mar 2011 | Southern Counties CU        | 25 m    | G25/44 | 09:00        | £8.00        | Robin Johnson     | 01403 783368 |
| Sun 24 Apr 2011 | Lewes Wanderers             | 30 m    | G30/88 | 07:30        | £8.00        | Rob Pelham        | 07971 919599 |
| Mon 25 Apr 2011 | Brighton Mitre              | 25 m    | GS/999 | 07:30        | £8.00        | Robin Johnson     | 01403 783368 |
| Sun 01 May 2011 | Sussex CA                   | 25m     | G25/93 | 07:00        | £8.00        | Mike Anton        | 01444 453618 |
| Sun 29 May 2011 | East Sussex CA              | 34.6 km | GS/866 | 06:00        | £8.00        | Peter Moon        | 01323 485180 |
| Mon 29 Aug 2011 | Sussex CA                   | 25 m    | G25/49 | 14:30        | £8.00        | Robin Johnson     | 01403 783368 |
| Sun 11 Sep 2011 | East Sussex CA              | 25 m    | G25/89 | 07:30        | £8.00        | Richard Blackmore | 01342 713272 |
| Sun 16 Oct 2011 | Southdown Velo              | 27 m    | P911   | 08:00        | £7.50        | Tina McGuinness   | 01243 670323 |

#### Group C – Long Distance – over 40 miles

|                 |                      |        |         | <b>Start</b> | <b>Entry</b> | <b>Promoter</b> | <b>Phone</b> |
|-----------------|----------------------|--------|---------|--------------|--------------|-----------------|--------------|
| Sun 22 May 2011 | Crawley Wheelers     | 41.9 m | GS/196  | 06:30        | £7.50        | Stuart Nisbett  | 01444 474501 |
| Sun 29 May 2011 | East Sussex CA       | 65 km  | GS/865  | 06:00        | £8.00        | Peter Moon      | 01323 485180 |
| Sun 05 Jun 2011 | Sussex CA            | 50 m   | G50/10  | 06:00        | £8.00        | Robin Johnson   | 01403 783368 |
| Sun 10 Jul 2011 | East Sussex CA       | 50 m   | G50/89  | 06:00        | £8.00        | Simon Yates     | 01892 655785 |
| Sun 24 Jul 2011 | Southern Counties CU | 100 m  | G100/60 | 06:00        | £8.00        | Rod Starmer     | 01883 713043 |
| Sun 21 Aug 2011 | East Sussex CA       | 100 m  | G100/86 | 06:00        | £10.00       | Bob Harber      | 01903 879598 |

#### \* Brighton Mitre event Monday 30 May 2011

There is a combination of 7 events on this day – only the hilly event on course GS/995 is the SCA SPOCO qualifying event